

Staff Headlines

8th October 2020

StopCOVID NI app is now available to 11-17 year olds

The StopCOVID NI app is now available to 11-17 year olds in an important boost for the fight against Covid-19. The StopCOVID NI app was launched at the end of July, making it the first proximity app in the UK.

Its first version was for the 18 plus age group. Since then, meetings have been held with the Commissioner for Children & Young People, the Information Commissioner's Office and representatives from the Children's Law Centre, in order to ensure appropriate and safe access to the app for younger people, within the legal constraints of GDPR and safeguarding.

This has now been achieved with the newly updated version available from this week. It is believed to be the first proximity app in the world to be designed for use with this age group.

Extensive focus group work was been undertaken with a diverse range of young people aged 11-17 to help understand their views and concerns. This has helped shape a new and trusted version of the app that they can use with confidence.

The StopCOVID NI app is available to download from both Apple and Google app stores: Apple, Google. Read more [here](#).

Lunch & Learn

October Menu

Hungry for knowledge? Feed your mind from our fantastic weekly Lunch & Learn menu of events, taking place online every Thursday via Microsoft Teams.

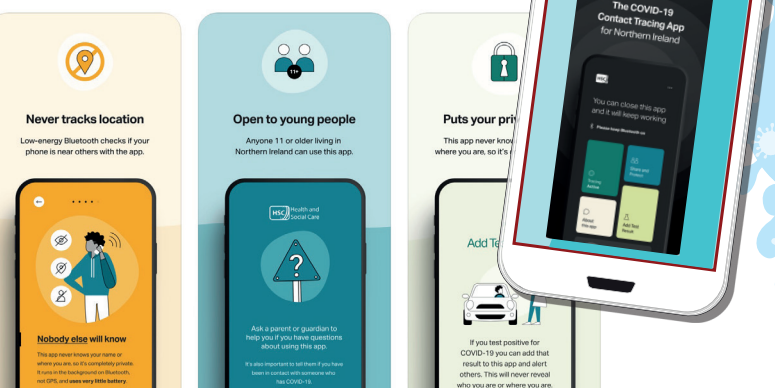
All staff are welcome. Just click [here](#) to book on to any of our Lunch & Learn events.

If you wish to get involved, or have an idea for a presenter or topic, please get in touch with the [Lunch and Learn team](#). Topics can be on anything: they can be fun, practical and don't necessarily have to be about your job.



Covid-19 Information & Guidance for Schools

School information packs and sample letters, from Public Health Agency, have been issued to assist schools in managing Covid-19 cases. A series of FAQs compiled by PHA's Covid-19 School Team in collaboration with the Education Authority are also available on the [PHA website](#).





World Mental Health Day

World Mental Health Day is observed on 10th October every year, with the overall objective of raising awareness of mental health issues and mobilising efforts in support of mental health.

This year's theme set by the World Federation for Mental Health is 'Mental Health for All'.

Throughout October we will be running several sessions to support healthy minds at work. These include:

- Mental Health Awareness sessions for staff
- Mindful Managers sessions
- Mindfulness meditation
- Return to work Managing Fear and Anxiety
- Personal Resilience
- Managing Stress and Building Resilience
- Hidden Harm Awareness
- Mental Health First Aider training

We have places remaining on our Managing Stress and Building Resilience bite sized session on the 30th October.

For more information on events check out [EA HealthWell](#).



Barnardo's launch a brand new emotional wellbeing service

See, Hear, Respond

This week Barnardo's launched a brand new emotional wellbeing service - See, Hear, Respond.

This service will work with children and young people in Northern Ireland who might need additional support to cope with the Covid-19 pandemic, offering practical and therapeutic support. It will also offer advice and guidance to any adults who are concerned about a child's mental health and wellbeing.

People can self-refer to this service, by using the online form or by telephone (details below). They can also be referred by professionals (you). Families in Northern Ireland can now **self-refer** for See, Hear, Respond online via the Barnardo's website [here](#) or call 0800 157 7015 available from noon until 7pm, Monday to Friday.

The aim of this service is to provide the immediate support that children and young people need, to help them overcome their challenges and prevent problems escalating to crisis level.

Believe in children



Barnardo's

We want to hear from you

If you have any news or stories that you would like to be considered for inclusion in an upcoming edition of staff hEAdlines, email comms@eani.org.uk



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